What's in the news about Ben and the 3rd Congressional District.

Lujan Will Hold Open Office Hours Friday in Rio Rancho (ABQ Journal)

Congressman will meet with constituents on a first-come, first-served basis

NM individual insurance plan costs skyrocketing (NMI)

Ben Ray Luján, CD-3, said. “This is just the latest sign that we need health insurance reform now. We have to put a stop to out-of-control practices of ...