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U.S. Rep. Ben Ray Luján, D-N.M., on Friday joined 57 other members of Congress asking President Barack Obama not to send more troops to Afghanistan.

The letter to Obama says, "Mr. President, the last thing that our nation needs as it struggles with the pain of a severe economic crisis and a mountain of debt is another military quagmire."

In a Friday news release, Luján, who visited Afghanistan in August, referred to his meetings with U.S. and Afghan officials.

"It is clear that it is time to develop an exit strategy and prepare to bring our young men and women home," Luján's statement said. "I am concerned about becoming involved in a long-term counterinsurgency that requires hundreds of thousands of troops. We need to give support to the Afghan people through humanitarian and diplomatic means, but troop increases are troubling at this time. I urge the Administration to reject a troop increase."