What's in the news about Ben and the 3rd Congressional District.

New rules on PTSD help to ease N.M. backlog of vets who need help (SF New Mexican)

As secretary of the state Department of Veteran Services, John Garcia frequently hears from military veterans about the cumbersome process of trying to get help for post-traumatic stress disorder. Some claims are denied, others take months. Some .

New PTSD guidelines will streamline process for vets (NMI)

The Department of Veterans Affairs has released new guidelines that will make it easier for veterans to receive benefits for post traumatic stress disorder.